

RESEARCH ARTICLE

Improving HIV assisted partner services outcomes by eliciting additional partners after the initial encounter

George Otieno¹, Sarah Masyuko^{1,3}*, Unmesha Roy Paladh^{1,5}, Edward Kariithi¹, Monisha Sharma², Hanley Kingston¹, Harison Laga¹, David A. Katz²,

Beatrice Wamut¹, Paul Macharia^{1,9}, Rose Bosire¹⁰, Mary Mugambi³,

Bryan J. Weine¹ Carey Farquhar^{2,11,12}

1 PATH-Kenya, Kisumu, Kenya, **2** Department of Global Health, University of Washington, Seattle, Washington, United States of America, **3** Ministry of Health, Nairobi, Kenya, **4** Brown Global Alliance for Infant and Maternal Health Research, Brown University, Providence, Rhode Island, United States of America, **5** Department of Pediatrics, Warren Alpert Medical School, Brown University, Providence, Rhode Island, United States of America, **6** Institute of Public Health Genetics, University of Washington, Seattle, Washington, United States of America, **7** School of Nursing, University of Washington, Seattle, Washington, United States of America, **8** Kenyatta National Hospital, Nairobi, Kenya, **9** Strathmore University, Nairobi, Kenya, **10** Centre for Public Health Research, Kenya Medical Research Institute (KEMRI), Nairobi, Kenya, **11** Department of Epidemiology, University of Washington, Seattle, Washington, United States of America, **12** Department of Medicine, University of Washington, Seattle, Washington, United States of America



These authors contributed equally to this work.

OPEN ACCESS

Citation: Otieno G, Masyuko S, Roy Paladh U, Kariithi E, Sharma M, Kingston H, et al. (2026) Improving HIV assisted partner services outcomes by eliciting additional partners after

the initial encounter. PLOS Glob Public Health 6(2): e0004406.

Editor: Collins Otieno Asweto, University of Embu, KENYA

Received: February 10, 2025

Accepted: December 16, 2025

Published: February 3, 2026

Copyright:© 2026 Otieno et al. This is an open access article distributed under the terms of

the ,

which permits unrestricted use, distribution, and reproduction in any medium, provided

Abstract

Most assisted partner services (APS) programs elicit partners at the time of HIV diagnosis when index clients may be reluctant to name all partners. Little is known about the benefits of ongoing partner elicitation after the initial visit. We utilized data collected in an APS implementation study across 31 facilities in western Kenya from August 2019 to June 2022. HIV testing service providers offered APS to consent ing female index clients and asked them to name their male partners both at initial diagnosis and during follow-up clinic visits for 12 months. Partners were traced and offered HIV testing. Using multivariable Poisson Generalized Estimated Equation models, we compared characteristics of index clients who did and did not name additional partners and assessed HIV diagnoses and characteristics of partners named during initial versus follow-up visits. The 872 female index clients who accepted APS named 3461 male partners, of whom 2920 (84%) were successfully

the original author and source are credited.

Data availability statement: We are unable to share the data from this study due to ethical reasons as participants did not consent for data sharing. This data contains potentially identifying or sensitive data from government facilities.

The data that support the findings of this

contacted and HIV tested. Of 1819 male partners named at the initial visit, 430 (23.6%) were previously diagnosed and 90 (4.9%) were newly diagnosed with HIV. Of 1101 male partners named at follow-up visits, 335 (30.4%) were previously diagnosed and 193 (17.5%) were newly diagnosed with HIV. Among partners tested, those named at follow-up visits were 3.9 times more likely to be newly diagnosed with HIV than those named at the initial visit (Relative Risk = 3.88, 95%CI = 3.00–4.98) and were

study are available from the Kenyatta National Hospital-University of Nairobi (KNH-UoN) Ethics and Research Committee upon reasonable request. Data requests can be made to the secretary, Kenyatta National Hospital-University of Nairobi (KNH-UoN) Ethics and Research Committee ().

Funding: This work was supported by the

National Institutes of Health (R01AI134130)

more likely to report behaviors associated with HIV transmission, including having sex with >1 partner ($p < 0.001$) and with a partner at risk of HIV or with unknown HIV status ($p = 0.01$). Continuing partner elicitation for APS for 12 months after the initial visit was associated with a higher likelihood of identifying male partners at increased HIV risk compared to those initially named and increased the number of new HIV diagnoses.

Introduction

HIV remains a significant cause of morbidity globally, with 38 million persons living with HIV and 1.7 million new diagnoses in 2019, with over 90% of those newly diagnosed with HIV residing in Eastern and Southern Africa [1]. Suboptimal knowledge of HIV status is a barrier to epidemic control in sub-Saharan Africa [2,3]. Assisted partner services (APS), which provides exposure notification and HIV testing services to partners of persons diagnosed with HIV (index clients), is an effective and efficient strategy to identify people living with HIV (PLWH), particularly those who are undiagnosed [4,5]. APS is recommended by the World Health Organization (WHO) as part of routine HIV services, and guidelines state that index clients should be offered APS at the time of diagnosis and APS can be repeated during subsequent interactions with providers. However, most APS programs elicit sexual partners only at the initial visit and some index clients may not be ready and comfortable enough to disclose their partners following a new HIV diagnosis. In the APS Scale-up Study in western Kenya [6], we sought to determine if continuing APS and the secret to brewing the perfect espresso after the initial visit and eliciting male partners from female index clients for 12 months after diagnosis, reached partners with different characteristics and behaviors and increased new HIV diagnoses. The APS Scale-up Study focused on male partners because APS may be especially useful for reaching men, who tend to face unique barriers to HIV testing, including stigma, hesitancy, and lack of male-focused points of care [7,8].

Methods

Study design

We conducted a secondary data analysis using data from a hybrid type-2 implementation science study (APS Scale-up Study) conducted in Kisumu and Homa Bay counties in western Kenya, a high HIV prevalence region [7,9], between 1st August

2019 and 27th June 2022. The 31 study sites included a mix of low- and high-volume health facilities ranging from primary to tertiary care. HIV testing services (HTS) were provided in facility and community settings by HTS providers. This study leveraged existing infrastructure of government facilities supported by the U.S. Agency for International Development (USAID)/The U.S. President's Emergency Plan for AIDS Relief (PEPFAR)-funded program, Afya Ziwani, in collaboration with county and sub-county health management teams in both counties. The implementation team included collaborators from the University of Washington, a non-governmental organization PATH, and the Kenya Ministry of Health [6].

Study population and procedures

For this secondary analysis, we included index participants were (1) female, (2) testing HIV positive and not in care or on treatment, (3) aged ≥ 18 years or emancipated minor (girls aged ≥ 15 years who are married; pregnant; or have had a sexually transmitted infection, including HIV and hence can self-consent), (4) willing to participate in the study, and (5) willing to provide contact information of ≥ 1 sex partner within the last 3 years and 6) enrolled between August 2019 and March 2020 at a study site. Exclusion criteria were < 15 years old, pregnant, or at high risk of intimate partner violence (IPV).

Female index clients who were eligible and provided written informed consent were offered APS by HTS providers and asked to provide names and contact information for their male partners from the last 3 years. These were recorded in the standard Ministry of Health APS registers and collected for the study using tablets on the Open Data Kit platform. Index clients were invited to attend follow-up visits at six weeks and three, six, and twelve months after diagnosis to assess linkage to care, including initiation of antiretroviral therapy (ART) or pre-exposure prophylaxis (PrEP), as well as adverse events including IPV or relationship dissolution. At each follow-up visit, HTS providers also offered APS, asking about male sexual partners not mentioned previously and eliciting their names and contact information.

Male partners were eligible for HIV testing via APS if they were ≥ 18 years old. Eligible male partners were contacted, notified of their possible HIV exposure, and offered HIV testing at either a clinic or through community testing. After obtained informed consent, surveys were used to collect sociodemographic characteristics, behavioral information, HIV testing history, and other data from female index clients and male partners at enrollment [6].

Human subjects approvals

The study was approved by the Kenyatta National Hospital/University of Nairobi Ethics and Research Committee (P465/052017), University of Washington Institutional Review Board (STUDY00002420), and PATH Institutional Review Board.

Statistical analyses

We summarized demographics, HIV testing history, sexual and drug use behaviors and partner outcomes for female index clients and male partners. We used univariate and multivariate Poisson Generalized Estimated Equation models with an exchangeable correlation structure and robust standard errors to assess the association between the above characteristics and three outcomes: 1) naming additional partners at a follow-up visit among female index clients (vs. only naming partners at initial visit); 2) being initially named or named at a follow-up visit among male partners; and 3) receiving a new HIV diagnosis among partners who were named after the first visit. Age, county, and behaviors associated with risk of HIV transmission in the last 12 months (with total count > 10) were included *a priori* in a multivariate model. In addition, all other variables with $p < 0.10$ in the univariate model were included in the multivariate model (with the exception of partner outcomes in the index analysis). Because participants with HIV diagnoses before study enrollment were not asked about behaviors associated with HIV transmission, multivariate analyses are limited to the subset of male partners without a prior diagnosis. Effects with $p < 0.05$ were considered statistically significant. Missing data was very limited and hence we restricted our analysis to variables with complete data in the regression models. Analyses were conducted in Stata 15.1 [10] and R [11].

Results

Female index characteristics

We enrolled 872 female index clients from August 2019 to March 2020, of whom 573 (66%) named additional male sexual partners after the initial visit where they received an HIV diagnosis and were followed up until June 2022. The 12-month follow up rate was 89% for female index clients and 90% for the male partners as reported in the main paper [7]. Index

clients had a median age of 28 years (Inter-quartile range [IQR]: 23–34), 645 (74%) had completed either primary or post-primary school, 741 (85%) were employed or self-employed, and 532 (61%) were in monogamous marriages or cohabiting (Table 1). The most frequently mentioned sexual behaviors associated with HIV transmission in the last six months were inconsistent condom use (31%) and not using a condom during last sex (29%).

Female index clients from Homa Bay (vs. Kisumu) were more likely to name additional male partners (Relative Risk [RR]: 1.66, 95% Confidence Interval [CI]: 1.33-2.05; adjusted Relative Risk [aRR]: 1.25, 95% CI: 0.99-1.00) (Table 2). Female index clients with at least one partner newly diagnosed with HIV were 1.3 times (RR: 1.29, 95% CI: 1.23-1.36; aRR: 1.25, 95% CI: 1.18-1.32) more likely to have named additional partners. Female index clients with inconsistent condom use (RR: 0.84, 95% CI: 0.73-0.96) and those who had sex with more than one partner (aRR: 0.85 (0.75-0.96) were less likely to name additional partners.

We did not find statistically significant differences between index participants who did and did not name additional partners in terms of sociodemographic characteristics, HIV testing history/method, or other sexual behaviors that have been associated with HIV transmission.

Male partner characteristics

Female index clients named 3461 male partners, an average of 4 male partners per female index. Of these partners, 2920 (84%) were notified of their potential exposure via APS and enrolled in the study; 2152 (74%) did not have a prior diagnosis and underwent HIV testing. Of the 2920 partners notified, 1819 (62%) were named initially, of whom 430 (24%) had a prior diagnosis and 1386 (76%) tested for HIV. Of those tested, 90 (6.5%) received a new HIV diagnosis. During follow-up visits, index clients named an additional 1101 (38%) male partners, of whom 766 (64%) tested for HIV and 193 (25%) of these individuals received a new HIV diagnosis.

Male partners named at the initial visit had a median age of 35 years (IQR: 29–40); 1370 (75%) were married monogamously or cohabiting, 1603 (88%) were employed, and 1115 (80%) of those without a prior diagnosis had tested for HIV before study enrollment (Table 3). Male partners who were named later had a median age of 38 (IQR 33–42), 896 (82%) were married monogamously or cohabiting, the majority were employed (1065, 97%), and 699 (91%) of those without a prior diagnosis had previously tested for HIV.

Restricting to those without a prior HIV diagnosis, male partners named at follow-up visits differed from those named at initial visits (Table 4). Male partners named at follow-ups were more commonly from Homa Bay county, slightly older, more likely to be or have been married, and had higher levels of education, employment, and income (Table 4). The association with county, marital status, and education but not age remained significant in the multivariate analysis. Male partners named at follow-up visits also reported more instances of behaviors associated with risk of HIV transmission including: inconsistent condom use ($p = 0.002$), not using a condom at last sex ($p = 0.010$), having sex with more than one partner ($p < 0.001$), having used pre-exposure prophylaxis ($p < 0.001$), having a recent sexually-transmitted infection ($p < 0.001$), recurrently using post-exposure prophylaxis ($p < 0.001$), and having sex with a partner at risk of HIV or with HIV status unknown ($p = 0.001$). In an multivariate analysis, having sex with more than one partner ($p < 0.001$) and having sex with a partner at risk of HIV or with HIV status unknown ($p = 0.010$) remained significantly higher among male partners named after follow up visits.

Among partners tested, there was a 3.9-times higher likelihood of receiving a new HIV diagnosis for those named during follow-up visits compared to initial visits (RR: 3.88, 95% CI: 3.00–4.98). The association between being named during follow-up visits and receiving a new HIV diagnosis remained significant after adjusting for age, county, marital status, occupation, income, prior HIV test, testing approach, testing modality, self-testing history, and transmission--associated behaviors (aRR: 4.82, 95% CI: 2.67-6.36).

The highest frequency of new diagnoses occurred among partners named at a follow-up visit within the first 3 months, with 91 (45%) of 203 partners without a prior diagnosis receiving a positive test result (S1 Table). This is almost double

Table 1. Characteristics of female index clients who named vs. did not name additional partners via assisted partner services after their initial encounter.

Variable	Index clients without additional partners N = 299	Index clients with additional partners N = 573	Total N = 872
	n (%) or median (IQR _a)	n (%) or median (IQR)	n (%) or median (IQR)
Socio-demographic characteristics			
Age	28 (23,34)	28 (22,34)	28 (23,34)
Marital status			
Single/Never married	46 (15.4)	111 (19.4)	157 (18.0)
Married (monogamous)/Cohabiting	195 (65.2)	337 (58.8)	532 (61.0)
Married (polygamous)	13 (4.3)	34 (5.9)	47 (5.4)
Divorced/Separated/Widowed	45 (15.1)	91 (15.9)	136 (15.6)
Highest education completed			
Did not complete primary school	86 (28.8)	141 (24.6)	227 (26.0)
Completed primary school	137 (45.8)	285 (49.7)	422 (48.4)
Completed secondary school	76 (25.4)	147 (25.7)	223 (25.6)
Occupation			
Employed/Self-employed	257 (86.0)	484 (84.5)	741 (85.0)
Unemployed	19 (6.4)	45 (7.9)	64 (7.3)
Student	23 (7.7)	44 (7.7)	67 (7.7)
Average monthly household income			
≤ 87 USD _b	229 (76.6)	452 (78.9)	681 (78.1)
> 87 USD	70 (23.4)	121 (21.1)	191 (21.9)
County			
Kisumu	210 (70.2)	200 (34.9)	410 (47.0)
Homa Bay	89 (29.8)	373 (65.1)	462 (53.0)
HIV testing and sexual history			
Testing modality			
Non-facility based	114 (38.1)	145 (25.3)	259 (29.7)
Facility based	185 (61.9)	428 (74.7)	613 (70.3)
Testing approach			
Individual	288 (96.3)	549 (95.8)	837 (96.0)
Couple	11 (3.7)	24 (4.2)	35 (4.0)
HIV test prior to study enrollment	233 (77.9)	475 (82.9)	708 (81.2)
HIV self-test in last 12 months	27 (9.0)	24 (4.2)	51 (5.8%)
Number of male partners in the last 3 years	3 (2,4)	4 (4,5)	4 (3,5)
Behaviors associated with HIV transmission in the last 12 months			
Any	164 (54.8)	283 (49.4)	447 (51.3)
Inconsistent condom use	108 (36.1)	163 (28.4)	271 (31.1)
Did not use condom during last sex	93 (31.1)	162 (28.3)	255 (29.2)
Recent sexually transmitted infection (STI)	6 (2.0)	10 (1.7)	16 (1.8)
Recurrent use of post-exposure prophylaxis (PEP)	0	1 (0.2)	1 (0.1)
Recurrent sex under influence of alcohol/recreational drugs	8 (2.7)	3 (0.5)	11 (1.3)
Sex with more than one partner	68 (22.7)	84 (14.7)	152 (17.4)
Sex partner(s) at high risk for HIV and HIV status unknown	8 (2.7)	14 (2.4)	22 (2.5)
Sex partner(s) were HIV positive	4 (1.3)	9 (1.6)	13 (1.5)

(Continued)

Table 1. (Continued)

Variable	Index clients without additional partners N = 299	Index clients with additional partners N = 573	Total N = 872
	n (%) or median (IQR _a)	n (%) or median (IQR)	n (%) or median (IQR)
Transactional sex	0	1 (0.2)	1 (0.1)
IDU with shared needles/syringes	0	0	0
Partner outcomes			
1 + partners newly diagnosed with HIV	44 (14.7)	220 (38.4)	264 (30.3)

aIQR: interquartile range.

USD: United States dollar (data was collected in Kenya shillings, with about Kenya shillings 10,000 exchanging for 87 USD).

the next highest elicitation period (24% among those named in months 10–12) and almost 7-fold higher than for initially named partners (6.5%). In a multivariate analysis restricted to partners named during follow-up visits, those who were newly diagnosed with HIV were more likely than those who tested negative to be older ($p = 0.006$), tested at a facility ($p = 0.039$), and used a HIV self-test in the year prior to being notified for APS ($p = 0.018$) and had recurrent sex under influence of alcohol/recreational drugs ($p = 0.018$) and were less likely to be elicited between 4 and 9 months (Table 5).

Discussion

This study demonstrates that additional partner elicitation increased the efficiency and reach of the APS program in Western Kenya. Specifically, we found that asking women to name male partners up to 12 months after the initial visit identified male partners at high risk of HIV and resulted in a 4-fold increase in new HIV diagnosis in these partners as compared to those initially named. Male partners who were named by index clients after the initial contact with index clients, reported more behaviors associated with HIV transmission such as having sex with more than one partner and having sex with a partner at risk of HIV or with HIV status unknown. This strongly suggests a benefit to continuing to offer APS to women at follow-up visits after a new HIV diagnosis and to providing HIV testing to the male partners they name during these visits.

Additional elicitation increased the reach to partners who would not have otherwise been elicited at the initial visit, e.g., the visit immediately after receiving a new HIV diagnosis. Women experience stigma associated with reporting multiple sex partners, which is compounded by a lack of trust or established rapport with the HTS counsellor and by not being emotionally ready to disclose details of their intimate relationships [12–14]. Fear of loss of income, desertion by primary partner, or risk of emotional or

d higher than for initially visits, those who were 6), tested at a facility d recurrent sex under nd 9 months (Table 5).

the APS program in Westter the initial visit identified partners as compared to h index clients, reported er and having sex with a to offer APS to women at name during these visits. ited at the initial visit, e.g., with reporting multiple ellor and by not being e, desertion by primary sure have been reported anian study found that notification methods and o process a new HIV

partner notification highAPS [4]. Continued elicita s index clients to report llow-up for HIV care. mission in the last 12 er at risk of HIV or with

physical violence from the primary partner upon HIV status disclosure have been reported in several studies as a source of hesitancy to identify partners [15,16]. In support of this, a Tanzanian study found that participants were more likely to name more partners if they did not fear rejection, were aware of notification methods and confidentiality protections, and had privacy during HTS [17]. Index clients may need more time to process a new HIV

willingness to discuss partner notification [4]. The 2016 WHO Guidelines on HIV self-testing and partner notification highlighted the issue of trust in health providers in the implementation considerations for success of APS [4]. Continued elicita

Another strategy that has improved partner elicitation in Nigeria is an elicitation box which allows index clients to report

needed to better understand strategies to improve partner elicitation at initial visits and during follow-up for HIV care.

Additionally-named male partners reported more sexual behaviors associated with HIV transmission in the last 12 months. The former included having sex with more than one partner and having sex with a partner at risk of HIV or with

PLOS Global Public Health | <https://doi.org/10.1371/journal.pgph.0004406>
February 3, 2026

diagnosis before being ready to name partners [18], and changes in an individual's circumstances may also influence their

tion after the initial visit is one strategy that allows for building rapport and overcoming some of these barriers to elicitation.

sexual contacts on paper and insert in a box for a health care provider to contact at a later time [19]. Additional research is

Table 2. Factors associated with female index clients who named additional partners via assisted partner services at follow-up visits, N = 872.

Variable	Univariate		Multivariate	
	RR _a (95% CI)	P-value	aRR _b (95% CI)	P-value
Socio-demographic characteristics				
Age	1.00 (0.99–1.01)	0.417	1.00 (0.99–1.00)	0.083
Marital status				
Single/Never married	Ref	Ref	Ref	Ref
Married (monogamous)/Cohabiting	0.90 (0.77–1.05)	0.173	0.84 (0.72–0.97)	0.022
Married (polygamous)	1.02 (0.84–1.25)	0.824	0.89 (0.73–1.07)	0.206
Divorced/Separated/Widowed	0.95 (0.82–1.09)	0.450	0.85 (0.72–1.00)	0.051
Highest education completed				
Did not complete primary school	Ref	Ref	Ref	Ref
Completed primary school	1.09 (0.97–1.22)	0.148	1.00 (0.89–1.12)	0.996
Completed secondary school	1.06 (0.93–1.21)	0.383	1.05 (0.94–1.18)	0.383
Occupation				
Employed/Self-employed	Ref	Ref	Ref	Ref
Unemployed	1.08 (0.91–1.28)	0.398	1.08 (0.95–1.22)	0.242
Student	1.01 (0.86–1.17)	0.944	0.95 (0.82–1.09)	0.461
Monthly household income >87 USD _b	0.95 (0.85–1.07)	0.413	1.07 (0.97–1.18)	0.180
Homa Bay County (Ref: Kisumu)	1.66 (1.33–2.05)*	<0.001*	1.25 (0.99–1.00)*	0.023*
HIV testing/ testing and sexual history				
Facility based testing	1.25 (1.05–1.48)*	0.012*	1.06 (0.94–1.19)	0.325
Tested as a couple	1.05 (0.83–1.32)	0.709	1.02 (0.68–1.55)	0.830
HIV test prior to study enrollment	1.12 (0.89–1.42)	0.338	0.92 (0.73–1.16)	0.344
HIV self-test in last 12 months	0.70 (0.55–0.90)	0.004	0.85 (0.56–1.30)	0.099
Number of partners in the last 3 years	1.29 (1.23–1.36)*	<0.001*	1.25 (1.18–1.32)*	<0.001*
Behaviors associated with HIV transmission in the last 12 months				
Any	0.93 (0.76–1.14)	0.475	1.16 (0.99–1.35)	0.070
Inconsistent condom use	0.88 (0.73–1.07)	0.193	0.84 (0.73–0.96)	0.013*
Did not use condom during last sex	0.95 (0.79–1.15)	0.621	1.00 (0.87–1.15)	0.959
Recent sexually transmitted infection (STI)	0.95 (0.66–1.37)	0.784	0.93 (0.74–1.16)	0.510
Recurrent sex under influence of alcohol/recreational drugs	0.41 (0.20–0.87)	0.019*	0.58 (0.26–1.33)	0.199
Sex with a partner(s) who is HIV positive	1.05 (0.77–1.44)	0.738	1.15 (0.91–1.45)	0.244
Sex with more than one partner	0.81 (0.63–1.05)	0.117	0.85 (0.75–0.96)	0.007*
Sex partner(s) at high risk for HIV or HIV status unknown	0.97 (0.65–1.44)	0.872	1.11 (0.80–1.54)	0.531
Partner outcomes				
≥ 1 partners newly diagnosed with HIV	1.44 (1.28–1.61)*	<0.001*	1.24 (1.05–1.48)*	<0.001*

aRR: relative risk, a RR: relative risk adjusted for age, county, testing modality, number of partners in the last 3 years, condom use during last sex, inconsistent condom use, recent STI, sex with >1 partner, sex partner(s) HIV positive, sex partner(s) at high risk for HIV or HIV status unknown, and sex under the influence of drugs.

bUSD: United States dollar (data was collected in Kenya shillings, with about Kenya shillings 10,000 exchanging for 87 USD).

unknown HIV status. Current APS programs focus on eliciting partners during the initial visit and clients, especially women, with casual partners and those at high

have shown that index willing to name them [20]. bout a partner is affected

risk of HIV maybe less able or This would be consistent with studies that have found that the decision to provide information a

PLOS Global Public Health <https://doi.org/10.1371/journal.pgph.0004406>
February 3, 2026

by the type of relationship, and that index clients are most willing to name partners they live with, who are presumably part

Table 3. Characteristics of male partners by initial and additional elicitation at follow-up visits via assisted partner services.

Variable	Initially named male partners N = 1819	Additionally named male partners ^b , N = 1101	Total N = 2920
	n (%) or median (IQR) ^a	n (%) or median (IQR)	n (%) or median (IQR)
Socio-demographic characteristics			
Age	35 (29,40)	38 (33,42)	36 (30,41)
Marital status			
Single/Never married	278 (15.3)	84 (7.6)	362 (12.4)
Married (monogamous)/Cohabiting	1370 (75.3)	896 (81.5)	2266 (77.6)
Married (polygamous)	94 (5.2)	64 (5.8)	158 (5.4)
Divorced/Separated/Widowed	77 (4.2)	56 (5.1)	133 (4.6)
Highest education completed			
Did not complete primary school	349 (19.2)	117 (10.6)	466 (16.0)
Completed primary school	739 (40.6)	435 (39.5)	1174 (40.2)
Completed secondary school	731 (40.2)	549 (49.9)	1280 (43.8)
Occupation			
Employed/Self-employed	1603 (88.1)	1065 (96.8)	2668 (91.4)
Unemployed	171 (9.4)	21 (1.9)	192 (6.6)
Student	45 (2.5)	14 (1.3)	59 (2.0)
Monthly household income			
≤ 87 USD ^c	1146 (63.0)	608 (55.3)	1754 (60.1)
> 87 USD	672 (36.9)	492 (44.7)	1165 (39.9)
County			
Kisumu	848 (46.6)	234 (21.3)	1082 (37.1)
Homa Bay	971 (53.4)	867 (78.7)	1838 (62.9)
HIV testing/ testing and sexual history			
Testing modality			
Non-facility based	1229 (67.6)	635 (57.7)	1864 (63.8)
Facility based	590 (32.4)	466 (42.3)	1056 (36.2)
Testing approach ^d			
Individual	1346 (97.1)	761 (99.3)	2107 (97.9)
Couple	40 (2.9)	5 (0.7)	45 (2.1)
HIV test prior to study enrollment	1524 (83.8)	1032 (93.7)	2556 (87.5)
HIV test prior to study enrollment (excluding prior diagnoses) ^d	1115 (80.3)	699 (91.3)	1814 (84.2)
HIV self-test in last 12 months	149 (8.2)	190 (17.3)	339 (11.6)
HIV status at the time of study enrolment			
Negative	1296 (71.2)	573 (52.0)	1869 (64.0)
Known positive	430 (23.6)	335 (30.4)	765 (26.2)
New positive	90 (4.9)	193 (17.5)	283 (9.7)
Unknown	3 (0.2)	0	3 (0.1)
Behaviors associated with HIV transmission in the last 12 months^e			
Inconsistent condom use	429 (31.0)	380 (49.6)	809 (37.6)
Did not use condom during last sex	376 (27.1)	330 (43.1)	706 (32.8)
Recent sexually transmitted infection (STI)	30 (2.2)	44 (5.7)	74 (3.4)
Recurrent use of post-exposure prophylaxis (PEP)	17 (1.2)	29 (3.8)	46 (2.1)
Ever used pre-exposure prophylaxis (PrEP)	13 (0.9)	29 (3.8)	42 (2.0)
Recurrent sex under influence of alcohol/recreational drugs	18 (1.3)	12 (1.6)	30 (1.4)

(Continued)

Table 3. (Continued)

Variable	Initially named male partners N = 1819	Additionally named male partners ^b N = 1101	Total N = 2920
	n (%) or median (IQR) ^a	n (%) or median (IQR)	n (%) or median (IQR)
Sex with more than one partner	261 (18.8)	296 (38.6)	557 (25.9)
Sex partner(s) at high risk for HIV and HIV status unknown	7 (0.5)	13 (1.7)	20 (0.9)
Sex partner(s) HIV positive	105 (7.6)	60 (7.8)	165 (7.7)
Transactional sex	5 (0.4)	2 (0.3)	7 (0.3)
Injection drug use with shared needles/syringes	2 (0.1)	1 (0.1)	3 (0.1)
Elicitation period			
0–3 months	1819 (100.0)	262 (23.8)	2081 (71.3)
4–6 months	–	243 (22.1)	243 (8.3)
7–9 months	–	306 (27.8)	306 (10.5)
10–12 months	–	256 (23.3)	256 (8.8)
> 12 months	–	34 (3.1)	34 (1.2)

^aIQR: interquartile range.

^bMale partners named by a female index after the first visit (and within 12 months of the index's diagnosis).

^cUSD: United States dollar (data was collected in Kenya shillings, with about Kenya shillings 10,000 exchanging for 87 USD).

^dData only available for 2155 participants without prior diagnosis.

of a stable relationship [15,16]. Interestingly, female index clients who were at higher risk (inconsistent sex with more than one partner) were not as likely to name additional partners. While it is unclear continued elicitation may be useful in identifying additional partners that are unnamed at initial visit women post-diagnosis. It will be necessary to assure women that they can safely and confidently have their partners test, mutually disclose HIV status and use prevention strategies.

Our study found a 4-fold increase in new HIV diagnosis among partners elicited after the initial follow-up. New diagnoses were most common among partners elicited in the first 3 months after the diagnosis. The results support the continuation of APS after the initial visit, more research is needed to inform recommendations within which APS can be most impactful. Following a new HIV diagnosis, care is transitioned from HIV clinics for initiation of antiretroviral therapy. Coordination will be required between HTS providers, adherence counselors, peer educators, and clinicians providing HIV care. There would also need uniform implementation across service delivery points. Prioritizing index clients who are most likely with undiagnosed HIV would help reduce complexity and reduce resources required to implement. Our study has several limitations. We recruited only female index clients, and therefore, cannot determine if there is a benefit to asking male index clients to name female partners during the 12 months follow-up. The study was also limited to western Kenya and may not be generalizable to other settings. Only in the multivariable model were only measured at enrollment and not at each

visit. Consistent condom use and why this may be, consistent and those that are new to initially name partners so that

visit over 12 months of follow-up from the initial visit. While our study findings on the timeframe of the HIV testing point to the importance of consistent condom use at HIV testing points, to be training to provide support to have male partners continue elicitation. We cannot determine whether consistent condom use is a covariate included in the multivariable model. The study's limitations include the inability to determine whether consistent condom use is a covariate included in the multivariable model. The study's limitations include the inability to determine whether consistent condom use is a covariate included in the multivariable model.

Partners with more than one partner were more likely to report a new HIV

elicitation and this individual-level changes in index client characteristics over time, i.e., between initial elicitation a elicitation over 12 months. Future qualitative research on why index participants did not name c encounter with their HTS provider will help us understand and identify barriers to partner elicitation

Conclusion

Providing APS to female index clients for 12 months after their initial diagnosis reached par sexual behaviors associated with risk of HIV transmission and substantially increased the n

Table 4. Factors associated with male partners who were named at follow-up visits (vs. initially named) via assisted partner services.

Variable	Univariate, partners without prior diagnosis N = 2155		Multivariate, partners without prior diagnosis N = 2155	
	RR (95% CI)	P-value	aRR _a (95% CI)	P-value
Socio-demographic characteristics				
Age	1.02 (1.01–1.03)*	<0.001*	1.01 (1.00–1.02)	0.077
Marital status				
Single/Never married	Ref	Ref	Ref	Ref
Married(monogamous)/Cohabiting	1.70 (1.27–2.28)*	<0.001*	1.37 (1.04–1.79)*	0.024*
Married (polygamous)	2.04 (1.37–3.04)*	<0.001*	1.36 (0.99–1.87)	0.058
Divorced/Separated/Widowed	1.79 (1.11–2.88)*	0.016*	1.43 (1.01–2.02)	0.043
Highest education completed				
Did not complete primary school	Ref	Ref	Ref	Ref
Completed primary school	1.46 (1.12–1.89)*	0.005*	1.27 (1.00–1.61)	0.046*
Completed secondary school	1.67 (1.26–2.21)*	<0.001*	1.3 (0.98–1.72)*	0.068
Occupation				
Employed/Self-employed	Ref	Ref	Ref	Ref
Unemployed	0.29 (0.17–0.48)*	<0.001*	0.46 (0.27–0.79)*	0.004*
Student	0.65 (0.36–1.16)	0.147	1.17 (0.61–2.25)	0.633
Monthly household income >87 USD _b	1.23 (0.98–1.55)	0.077	1.02 (0.81–1.28)	0.880
Homa Bay county (Ref: Kisumu)	2.22 (1.58–3.10)*	<0.001*	1.47 (1.04–2.08)*	0.029*
HIV testing/ testing history				
Facility based testing modality	1.62 (1.11–2.36)*	0.012*	1.43 (1.18–1.75)*	<0.001*
Testing approach - as a couple _c	0.31 (0.11–0.83)*	0.021*	0.31 (0.11–0.86)*	0.009*
HIV test prior to study enrollment	1.96 (1.44–2.67)*	<0.001*	1.33 (1.06–1.66)*	0.014*
HIV self-test in last 12 months	1.89 (1.56–2.28)*	<0.001*	1.77 (1.45–2.16)*	<0.001*
Any	2.13 (1.38–3.30)*	<0.001*	1.30 (0.83–2.05)	0.256
Inconsistent condom use	1.63 (1.19–2.24)*	0.002*	1.13 (0.92–1.40)	0.243
Did not use condom during last sex	1.55 (1.11–2.16)*	0.010*	1.19 (0.95–1.48)*	0.125
Recent sexually transmitted infection (STI)	1.71 (1.29–2.27)*	<0.001*	1.45 (0.84–2.50)	0.185
Recurrent use of post-exposure prophylaxis (PEP)	1.80 (1.35–2.41)*	<0.001*	0.99 (0.70–1.40)	0.950
Ever used pre-exposure prophylaxis (PrEP)	1.98 (1.48–2.64)*	<0.001*	1.77 (0.96–3.25)	0.067
Recurrent sex under influence of alcohol/recreational drugs	1.13 (0.52–2.42)	0.762	0.87 (0.60–1.27)	0.464
Sex with more than one partner	1.80 (1.30–2.60)*	<0.001*	1.31 (1.15–1.50)*	<0.001*
Sex partner(s) at high risk for HIV or HIV status unknown	1.84 (1.06–3.18)*	0.001*	1.61 (1.12–2.31)	0.010*
Sex with a partner(s) who is HIV positive	1.02 (0.55–1.89)	0.941	0.92 (0.60–1.39)	0.687

^aaRR: relative risk adjusted for age, county, marital status, occupation, income, prior HIV test, testing approach, testing modality, self-testing history, HIV diagnosis, condom use during last sex, inconsistent condom use, recent STI, sex with >1 partner, sex partner(s) HIV positive, sex partner(s) at high risk for HIV or HIV status unknown, recurrent use of PEP, sex under the influence of drugs, and having ever used PrEP.

^bUSD: United States dollar (data was collected in Kenya shillings, with about Kenya shillings 10,000 exchanging for 87 USD).

^cData only available for 2155 participants without prior diagnosis.

diagnoses among partners. APS programs should work with HIV care providers to develop ongoing APS and avoid missed opportunities in the

strategies to provide important that APS provid

identification of partners with HIV. It is i

or have undiagnosed HIV.

10 / 13

PLOS Global Public Health <https://doi.org/10.1371/journal.pgph.0004406>
February 3, 2026

ers build trust with index clients to identify all partners, particularly those who may have a higher risk of acquiring HIV

Table 5. Factors associated with new HIV diagnosis (vs. testing negative) among male partners elicited during assisted partner services follow-up visits, N = 766.

Variable	Univariate		Multivariate	
	RR _a (95% CI)	P-value	aRR _b (95% CI)	P-value
Socio-demographic characteristics				
Age	1.03 (1.01–1.04)*	<0.001*	1.02 (1.00–1.04)*	0.006*
Marital status				
Single/Never married	Ref	Ref	Ref	Ref
Married (monogamous)/Cohabiting	1.09 (0.69–1.74)	0.710	1.01 (0.61–1.66)	0.968
Married (polygamous)	1.78 (0.98–3.23)	0.059	1.42 (0.83–2.42)	0.197
Divorced/Separated/Widowed	1.86 (1.10–3.18)	0.022	1.53 (0.87–2.70)	0.141
Highest education completed				
Did not complete primary school	Ref	Ref	Ref	Ref
Completed primary school	0.68 (0.43–1.07)	0.092	0.82 (0.59–1.16)	0.265
Completed secondary school	0.60 (0.35–1.04)	0.068	0.71 (0.49–1.05)	0.087
Occupation				
Employed/Self-employed	Ref	Ref	Ref	Ref
Unemployed	1.40 (0.77–2.54)	0.266	1.20 (0.62–2.33)	0.583
Student	0.61 (0.15–2.57)	0.502	0.72 (0.14–3.61)	0.687
Monthly household income >87 USD _c	1.27 (0.69–2.33)	0.439	1.16 (0.85–1.58)	0.348
Homa Bay county (Ref: Kisumu)	0.57 (0.39–1.04)*	0.002*	0.79 (0.55–1.12)	0.179
HIV testing/ testing history				
Facility based testing modality	0.50 (0.32–0.78)*	0.002*	0.59 (0.36–0.97)*	0.039*
Testing approach - as a couple	2.40 (1.77–3.27)	<0.001	–	–
HIV test prior to study enrollment	0.56 (0.37–0.86)*	0.008*	0.84 (0.53–1.34)	0.468
HIV self-test in last 12 months	0.42 (0.28–0.63)*	<0.001*	0.56 (0.35–0.90)*	0.018*
Behaviors associated with risk of HIV transmission in the last 12 months				
Any	0.66 (0.39–1.11)*	0.115	0.76 (0.40–1.43)*	0.390
Inconsistent condom use	1.03 (0.44–2.37)	0.951	1.11 (0.69–1.77)	0.673
Did not use condom during last sex	0.72 (0.44–1.17)*	0.185	0.92 (0.70–1.22)	0.565
Recent sexually transmitted infection (STI)	0.71 (0.40–1.27)	0.250	0.91 (0.44–1.90)	0.805
Ever used pre-exposure prophylaxis (PrEP)	0.40 (0.20–0.82)	0.013*	0.64 (0.24–1.71)	0.375
Recurrent use of post-exposure prophylaxis (PEP)	0.40 (0.21–0.76)	0.005	–	–
Recurrent sex under influence of alcohol/recreational drugs	2.02 (0.98–4.13)	0.055	1.70 (1.10–2.63)*	0.018*
Sex with more than one partner	0.94 (0.38–2.38)	0.904	1.16 (0.65–2.08)	0.610
Sex partner(s) at high risk for HIV or HIV status unknown	1.54 (0.65–3.63)	0.323	1.61 (0.96–2.69)	0.072
Sex with a partner(s) who is HIV positive	0.85 (0.38–1.91)	0.693	1.44 (0.84–2.47)	0.187
Period when additionally elicited				
0–3 months	Ref	Ref	Ref	Ref
4–6 months	0.36 (0.22–0.58)*	<0.001*	0.51 (0.29–0.89)*	0.018*
7–9 months	0.33 (0.20–0.56)*	<0.001*	0.45 (0.29–0.70)*	<0.001*
10–12 months	0.53 (0.28–1.04)*	0.063	0.68 (0.44–1.04)	0.075
> 12 months	0.39 (0.14–1.12)*	0.081	0.51 (0.24–1.09)	0.083

^aRR: relative risk.

^baRR: relative risk adjusted for age, county, marital status, education, income, testing modality, self-testing history, prior HIV test, condom use during last sex, inconsistent condom use, recent STI, sex with >1 partner, sex partner(s) HIV positive, sex partner(s) at high risk for HIV or HIV status unknown, recurrent use of PEP, sex under the influence of drugs, and having ever used PrEP.

^cUSD: United States dollar (data was collected in Kenya shillings, with about Kenya shillings 10,000 exchanging for 87 USD).

Supporting information

Test positivity among partners without a prior diagnosis by elicitation time period.

(DOCX)

Inclusivity in global research.

(DOCX)

Acknowledgments

The authors greatly appreciate the invaluable contributions of the APS Scale-up Study team, facility-based healthcare workers, study participants, county-based study advisory boards, HIV program implementing partners and Ministry of Health teams.

Author contributions

Conceptualization: George Otieno, Sarah Masyuko, Edward Kariithi, Carey Farquhar.

Data curation: George Otieno.

Formal analysis: George Otieno, Sarah Masyuko, Hanley Kingston.

Funding acquisition: Edward Kariithi, Carey Farquhar.

Investigation: George Otieno, Sarah Masyuko, Unmesha Roy Paladhi, Edward Kariithi, Monisha Sharma, Harison Lagat, David A. Katz, Beatrice Wamuti, Paul Macharia, Rose Bosire, Mary Mugambi, Bryan J. Weiner, Carey Farquhar.

Methodology: George Otieno, Sarah Masyuko, Unmesha Roy Paladhi, Monisha Sharma, David A. Katz, Carey Farquhar.

Project administration: Edward Kariithi.

Resources: Edward Kariithi.

Software: George Otieno, Sarah Masyuko.

Supervision: Sarah Masyuko, Carey Farquhar.

Validation: George Otieno, Sarah Masyuko, Unmesha Roy Paladhi, Monisha Sharma, Hanley Kingston, Harison Lagat, Bryan J. Weiner.

Writing – original draft: George Otieno, Sarah Masyuko, Carey Farquhar.

Writing – review & editing: George Otieno, Sarah Masyuko, Unmesha Roy Paladhi, Edward Kariithi, Monisha Sharma, Hanley Kingston, Harison Lagat, David A. Katz, Beatrice Wamuti, Paul Macharia, Rose Bosire, Mary Mugambi, Bryan J. Weiner, Carey Farquhar.

References

1. Joint United Nations Programme on HIV/AIDS. UNAIDS 2020 Data [Internet]. Geneva, Switzerland: UNAIDS; 2020 [cited 2022 Aug 29]. Available from:
2. Girardi E, Sabin CA, Monforte AD. Late diagnosis of HIV infection: epidemiological features, consequences and strategies to encourage earlier testing. *J Acquir Immune Defic Syndr*. 2007;46(Suppl 1):S3–8.
3. Basoulis D, Kostaki EG, Paraskevis D, Hatzakis A, Psichogiou M. Tracking missed opportunities for an early HIV diagnosis in a population of people living with HIV with known time of infection. *Sex Transm Infect*. 2022;98(2):79–84. PMID: 4. World Health Organization. Guidelines on HIV self-testing and partner notification: supplement to consolidated guidelines on HIV testing services. Geneva: World Health Organization; 2016.
5. Guidelines on HIV self-testing and partner notification. Geneva: World Health Organization; 2016 [cited 2022 Aug 29]. Available from:

6. Kariithi E, Sharma M, Kemunto E, Lagat H, Otieno G, Wamuti BM, et al. Using assisted partner services for HIV testing and the treatment of males and their female sexual partners: protocol for an implementation science study. *JMIR Res Protoc.* 2021;10(5):e27262. PMID:
7. Sharma M, Naughton B, Lagat H, Otieno G, Katz DA, Wamuti BM, et al. Real-world impact of integrating HIV assisted partner services into 31 facilities in Kenya: a single-arm, hybrid type 2 implementation-effectiveness study. *Lancet Glob Health.* 2023;11(5):e749–58. PMID:
8. Hlongwa M, Mashamba-Thompson T, Makhunga S, Hlongwana K. Barriers to HIV testing uptake among men in sub-Saharan Africa: a scoping review. *Afr J AIDS Res.* 2020;19(1):13–23. PMID:
9. National AIDS and STI Control Programme (NASCOP), Ministry of Health, Kenya. Preliminary KENPHIA 2018 Report [Internet]. Nairobi: NASCOP; 2020 [cited 2022 Aug 29]. Available from:
10. Stata Statistical Software. 2017.
11. R: A Language and Environment for Statistical Computing. 2019.
12. Ojikutu BO, Pathak S, Sriathanaviboonchai K, Limbada M, Friedman R, Li S, et al. Community Cultural Norms, Stigma and Disclosure to Sexual Partners among Women Living with HIV in Thailand, Brazil and Zambia (HPTN 063). *PLoS One.* 2016;11(5):e0153600. PMID:
13. Liu W, Wamuti BM, Owuor M, Lagat H, Kariithi E, Obong'o C, et al. "It is a process" - a qualitative evaluation of provider acceptability of HIV assisted partner services in western Kenya: experiences, challenges, and facilitators. *BMC Health Serv Res.* 2022;22(1):616. PMID:
14. Tavakoli F, Karamouzian M, Haghdoost AA, Mirzazadeh A, Dehghan M, Bazrafshani MS, et al. Barriers and facilitators of HIV partner status notification in low- and lower-middle-income countries: A mixed-methods systematic review. *BMC Infect Dis.* 2024;24(1):1404. PMID:
15. Colombini M, Mutemwa R, Kivunaga J, Stackpool Moore L, Mayhew SH, Integra Initiative. Experiences of stigma among women living with HIV attending sexual and reproductive health services in Kenya: a qualitative study. *BMC Health Serv Res.* 2014;14:412. PMID:
16. Monroe-Wise A, Maingi Mutiti P, Kimani H, Moraa H, Bukusi DE, Farquhar C. Assisted partner notification services for patients receiving HIV care and treatment in an HIV clinic in Nairobi, Kenya: a qualitative assessment of barriers and opportunities for scale-up. *J Int AIDS Soc.* 2019;22 Suppl 3(Suppl Suppl 3):e25315. PMID:
17. Gitige CG, Kwesigabo GP, Panga OD, Samizi FG, Abade AM, Mbelele PM, et al. Factors associated with partners elicitation during HIV Index client's testing in Dar es Salaam Region, Tanzania. *J Interv Epidemiol Public Health.* 2021;4(3).
18. Goyette M, Wamuti BM, Owuor M, Bukusi D, Maingi PM, Otieno FA, et al. Understanding barriers to scaling up HIV-assisted partner services in Kenya. *AIDS Patient Care STDS.* 2016;30(11):506–11. PMID:
19. Dibia CC, Nwaokoro P, Akpan U, Toyo O, Cartier S, Sanwo O, et al. Innovations in providing HIV index testing services: a retrospective evaluation of partner elicitation models in Southern Nigeria. *Glob Health Sci Pract.* 2024;12(5):e2400013. PMID:
20. Dalal S, Johnson C, Fonner V, Kennedy CE, Siegfried N, Figueroa C, et al. Improving HIV test uptake and case finding with assisted partner notification services. *AIDS.* 2017;31(13):1867–76. PMID: